

It is already October and the holiday catalogs are beginning to trickle into our mailboxes. The question is, do you want all those catalogs and all the other junk mail?

Now is the time to stop junk mail. Vallejo's recycling coordinator Derek Crutchfield keeps the "Stop Junk Mail Kit" flyer on the table in the lobby of city hall. Here are highlights or you can log onto [www.StopJunkMail.org](http://www.StopJunkMail.org) and download the information.

Each year, the production of 62 billion pieces of junk mail uses 100 million trees and 28 billion gallons of water. It is estimated that the average household receives 100 pounds of junk mail a year of which 44 percent is thrown away unopened. Only 22 percent of junk mail is recycled.

When you receive junk mail, keep a list of how your name is spelled. When you request to get off junk mail lists, they will ask you for all variations of your name including the misspelled ones (for example: Jane, J. Ms Bogner, etc.).

The Direct Marketing Association (DMA) charges one dollar to be taken off their master list. You can send your information to Direct Marketing Association, PO Box 282, Carmel, NY 10512. You can go online ([www.dmachoice.org](http://www.dmachoice.org)) and make this request for free.

DMA's website offers ways to remove your name from other mailing lists, telemarketing lists, and email lists.

When you receive a catalog that you no longer want, save the cover with your address on it. Call the company's toll free number and ask that your name be removed. Keep the cover and use their website instead.

Any time you order from a catalog or website, put in a request that they do not sell your name to other companies. Also ask that they only use recyclable packaging.

If a solicitation comes with a postage-paid return envelope, write a note on their form to remove your name from their list and let them pay the return postage.

Just a reminder, the U.S. Postal Service does not return third class bulk mail nor will they return junk mail with insufficient postage, so do not write on those envelopes "Return to Sender."

volunteers who covered 24.5 miles of our waterways picking up 480 pounds of recycling, 85 tires, and over 12 tons of garbage. In Solano County, a total of 101 miles were covered by 2350 volunteers picking up 3402 pounds of recycling and more than 25 tons of garbage.

#### STATE SENATOR PATRICIA WIGGINS WALKS THE RECYCLING TALK

This writer recently received a letter from State Senator Wiggins. It was printed on recycled paper and came without an envelope. Before becoming our State Senator, Wiggins was on the California Integrated Waste Management Board and took the message of reducing waste and buying recycled to heart. She also included information about a local E-waste event in her mailing. Her next step is to collect our email addresses for future mailings. Thanks Patricia.

#### Free Pharmaceutical Drop-off

Don't throw expired or unused drugs in the garbage or down the drain. The Solano County Sheriff's Coroner's Office will be collecting these items from October 6 to 10. Bring them to 520 Clay Street in Fairfield between 8:00 a.m. and 5:00 p.m.

The guidelines for recycling these drugs are as follows:

- Remove pills from containers and foil packaging
- Seal all liquids and creams
- Remove personal information
- Proof of residency required
- No Sharps Accepted

This collection is sponsored by the Cities and County of Solano. For more information call Narcisa Untal, Senior Planner at 707 784-3172.

*VALCORE Recycling Board Member Jane Bogner's "A Sorted Affair" is published every other week in the Times-Herald. For recycling information call VALCORE Recycling at 645-8258 or visit [www.VALCORErecycling.org](http://www.VALCORErecycling.org).*

## E N D ##

Coastal Cleanup results

Congratulations to the 439 Vallejo